

Pretty In Ink Permanent Makeup

by Teri

Saline Removal Aftercare Instructions

*** It is critical to follow all aftercare instructions to prevent complications, scarring and to achieve optimum results. Please read carefully.**

Saline removal works to create a superficial controlled wound that develop a scab. The saline works with the body's natural healing process to remove the pigment when the scabs shed. Saline removal is the best option for removing permanent makeup that you are unhappy with or need corrected. It is the most affordable and safest way to remove permanent makeup. Saline removal works on regular tattoos as well.

Plan your procedure with your schedule/vacations/events! Do not schedule when you have an upcoming event that conflicts with healing.

IMMEDIATELY AFTER PROCEDURE

- The area will be very red and may have blood on the surface. This is because of the coagulation process, and it is nothing to worry about. You may gently wipe the edges of the area clean from blood following the procedure. Do not cover the area. It must be open to air and begin forming a scab.

KEEP THE TREATED AREA CLEAN

- The area that was treated is now broken skin and it must stay clean to prevent infection. Leave it open to the air. Do not cover with plastic, bandage, or anything else. Air/oxygen provides quicker healing.
- You should not be touching the area at all. If you find yourself needing to, please make sure your hands have been washed with antibacterial soap.
- Immediately following the procedure blot the treated area with clean cotton rounds every hour for the first three hours.
- If a crust has started to form, do not pick! Use warm water and blot with a tissue or cotton pad.

DO NOT SOAK THE AREA

- You can shower as normal but keep the area out of the shower spray the best you can. Do not let the area stay wet for more than a few minutes. Do not take a bath and let the area soak. It is best to keep them dry as much as possible throughout the healing process. Pat dry with a clean towel.

NO....

- Bathing, swimming, saunas, hot tubs, tanning, exercise/sweating...NO EXCEPTIONS!
 - The salt in sweat can cause poor healing please don't exercise, even if you "don't sweat." This will affect the healing process and prevent the pigment from pulling as we would like.
- No sun/tanning beds for at least 3 weeks.
- No anti-aging creams of any sort in the area for 3 weeks.
- No harsh exfoliation, microdermabrasion, chemical peels, skin treatments, etc. For four weeks after your treatment.

DO NOT PICK THE SCABBING

- Do not disrupt the scabbing process. (i.e., no picking, scratching, etc.)
- All scabbing must fall off naturally. If you force or pick a scab off, you will disrupt the process and possibly cause scarring.

- o Even small amounts of picking, or “helping” a scab fall off can drastically change how well you will heal and how red your skin will stay underneath.
- It is critical to keep the scabs on as long as possible to achieve optimum results.

TREAT THE AREA WITH LOVE

- Your skin will technically have an open wound. Treat it as such. Do not do anything that could cause issues or problems to the treated area.
- Try to avoid sleeping on your face. This increases the risk of pulling off healing scabs.
 - o Ensure you are sleeping on a clean pillowcase so there is less chance of the treated area coming in contact with bacteria.
- Any time the area is touched by something there is a chance that you can contaminate it with bacteria.
- Do not apply makeup or creams/lotions (or anything else) until all scabbing has fallen off.
 - o You may wear makeup on the rest of your face but don't put any makeup on the treated area until they are healed.

VITAMIN E OIL

- Once ALL scabbing has naturally fallen off, apply one drop of vitamin E oil three to four times throughout the day for a minimum of four weeks, or until your next saline session.
- Do not start applying the vitamin E oil until after ALL scabbing has naturally and completely fallen off.

A FEW MORE THINGS...

- You will need to wait at least 6-8 weeks before your next saline session. No exceptions.
- Lightning and/or removing unwanted pigment is a long process and patience is required. Please be patient and give the process a fair chance to work.
- Expect visible and wanted results in 2-5 sessions.
- How many sessions needed will depend on how saturated the pigment is, how deep it was implanted and how much needs to be removed for the desired result.
 - o For correction purposes, the tattoo may only need to be lightened to the point that it can be covered successfully.
- Results cannot be foreseen, predicted, or guaranteed.

If you have any concerns or questions throughout the healing process, please reach out to me. Thank you for trusting me through this process!

